

Sun 26th Mar

Mon 27th Mar Tues 28th Mar Wed 29th Mar

Thurs 30th Mar Fri 31st Mar Sat 1st April Sun 2nd April

St. Joseph's Church, O'Connell Avenue, Limerick Church Notices 26th March 2023

10.30am – Susan Gallivan $(5^{th} Av)$ 10.30am – Lynda Gallivan (4th Av) **12.30pm** – Claire Howard $(4^{th} Av)$ **12.30pm** – James Casey $(5^{th} Av)$ **5.30pm** – Intention of Clergy **10.30am** – Intention of Clergy 10.30am – Pro Populo 10.30am – Deceased Members of the Deegan Family & John & Maria Murphy 10.30am – Intention of Clergy **10.30am** – Intention of Clergy **10.30am** – Gerard Brazier $(1^{st} Av)$ **10.30am** – Intention of Clergy **12.30pm** – Tim Frawley (Av)**12.30pm** – Donal Kileen $(1^{st} Av)$ **12.30pm** – John McCarthy $(14^{th} Av)$ 5.30pm – Birdie & Louis Cremin, Ann O'Gorman & Mark Leech **RECENTLY MARRIED**

As a faith community we extend our warmest congratulations to Ashling Keogh & Garrett Edwards who were married here in St. Joseph's on Saturday 25th March. May the Holy Family bless them. Amen

There will be a Lenten Eucahristic Healing Service in St. Saviour's Dominican Church, Limerick on Thursday March 30th. Lenten Eucharistic Healing Service: Confessions, Adoration & Anointing of the Sick at St Saviour's Dominican Church Limerick on Thursday, March 30th at 7:00pm.

As part of **Limericks Lifelong Learning Festival** which runs from **27th March to Sunday 2nd April 2023**, Healthy Ireland Local Government is hosting a series of lunchtime talks aimed at supporting Health & Wellbeing.

See further information on each talk below, along with links to Event brite bookings. Light Lunch will be provided at all events.

Grateful if you could please circulate to relevant individuals/groups/ networks/and for any re-tweets/ shares on social media!

Caring for Your Wellbeing– This talk will give participants an opportunity to explore the idea of well-being, what supports well-being and what undermines it as well as trying techniques that can help us with distress.

Delivered by the Social Health and Education Project on Monday 27th March, @ Limerick City Library, V94RF63 from 1pm – 2pm . Lunch Provided! Book your Eventbrite ticket here <u>https://www.eventbrite.ie/e/caring-for-our-well-being-tickets-547595602187</u>

Managing Stress in Your Everyday Life

This talk will give participants a chance to understand their own stress better and to find ways to break the cycle of stress and set up a cycle of wellness instead. Delivered by the Social Health and Education Project on Tuesday 28th March, @ Limerick City Library, V94RF63 from 1:30pm – 2:30pm . Lunch Provided! Book your Eventbrite ticket here <u>https://www.eventbrite.ie/e/managing-stress-in-your-everyday-life-tickets-547531841477</u>

Trócaire Lent 2023 Palm SundayWalk

The Limerick volunteers for Trócaire are inviting parishes to take part in 'Just Walk for a Just World' in Limerick Diocese on April 2nd 2023 to celebrate the Golden Jubilee of Trócaire and also to walk with Jesus as he began his journey to Jerusalem.

The hope is that walkers in parishes across the Diocese will walk together on this day. Please participate by organising your own walk with friends and family. Here is a fundraising page to direct people for registration and donations to Trocaire: <u>https://www.justgiving.com/fundraising/sharon-collopy</u> Please give what you can.

Calling all young adults! The Diocese of Limerick is taking a group to World Youth Day and we want you to come with us!

Open to those aged 18-35, spend just over a week with us in Lisbon, as we meet millions of other young Catholics, hear from Pope Francis, and encounter Christ! Contact us at 061-350000 or james.connery@limerickdiocese.org for more information or to register!

Easter Mass Bouquets are available in the sacristy.

Please call in after mass any morning. <u>Cost €5</u>

<u>Contact Details</u>: Fr. Liam Enright 087-7415603, Sacristan: Úna McCarthy 061-313401 Email: stjosephsparishlk@eircom.net

Website: stjosephsparish.ie Office hours: Thurs – Mon, 10am – 1pm



Simply scan with your camera phone and donate to St. Joseph's Thank you